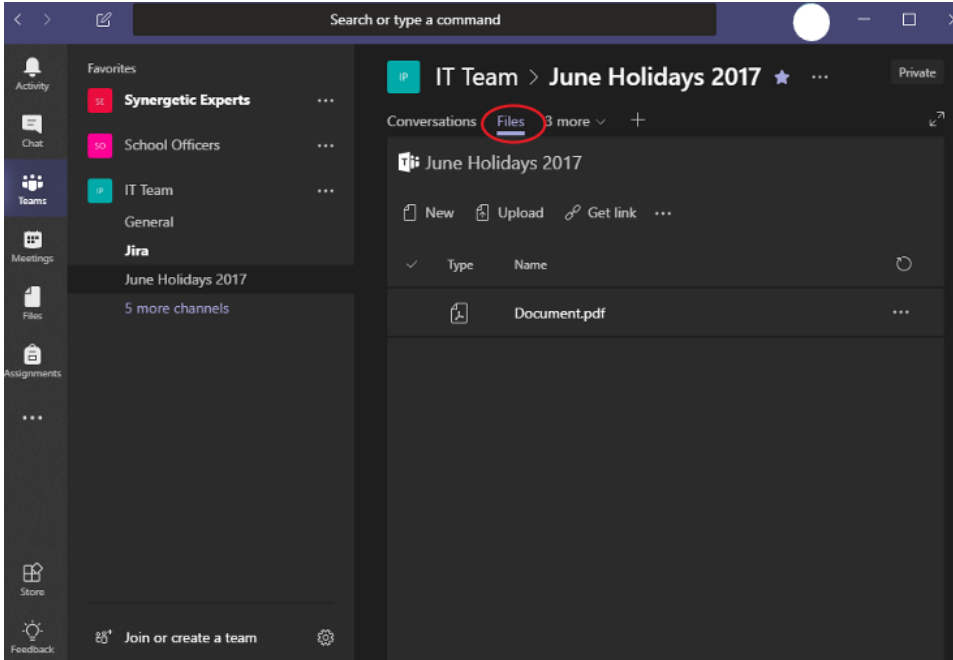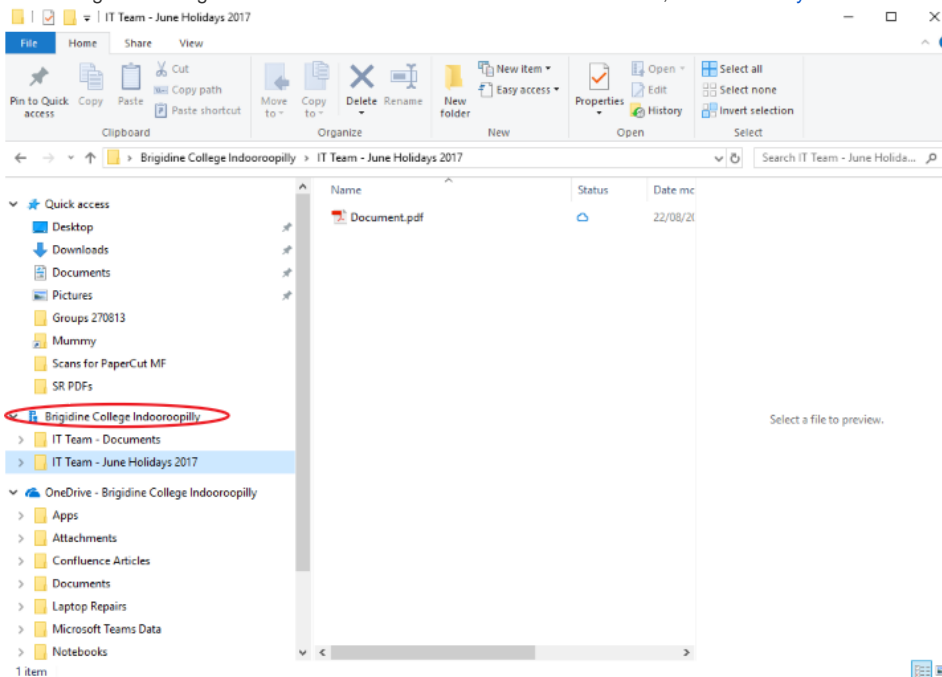# Accessing Files stored in Teams

Microsoft Teams is powered by Office 365 and SharePoint, as a result you can gain access to your files in a number of ways. Use this tutorial to access any files stored in teams.
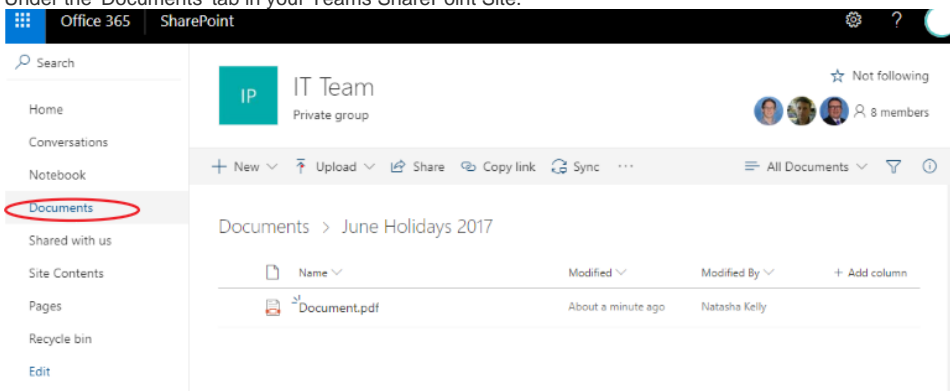
- Located in the 'Files' tab seen below.

- Under 'Brigidine College' as a folder named 'Team Name - Channel Name', click here to sync a channel's files.

- Under the 'Documents' tab in your Teams SharePoint Site.

Related articles

- [Creating a Teams waiting room](#)
- [Teams for External Members](#)
- [Stop syncing a Channel's Files](#)
- [Share Screen during call](#)
- [Managing Members in Teams](#)